Gemma New, conductor
Mark Sparks, flute
Allegra Lilly, harp

Friday, April 5, 2019 at 10:30am
Saturday, April 6, 2019 at 8:00pm
Sunday, April 7, 2019 at 3:00pm

THOMAS ADÈS
(1971)

Three Studies from Couperin (2006)
Les Amusemens
Les Tours de Passe-passe
L’Âme-en-Peine

MOZART
(1756-1791)

Concerto in C major for Flute & Harp, K. 299 (1778)
Allegro
Andantino
Rondo: Allegro

Mark Sparks, flute
Allegra Lilly, harp

INTERMISSION

R. STRAUSS
(1864-1949)

Suite from Le Bourgeois gentilhomme
(Der Bürger als Edelmann), op. 60 (1917)
Ouvertüre zum 1. Aufzug (Overture to Act I)
Menuett (Minuet)
Der Fechtmeister (The Fencing-Master)
Auftritt und Tanz der Schneider
(The Entrance and Dance of the Tailors)
Das Menuett des Lully (The Minuet of Lully)
Courante
Auftritt des Cléonte, nach Lully
(Entrance of Cléonte, after Lully)
Vorspiel zum 2. Aufzug (Prelude to Act II)
Das Diner: Tafelmusik und Tanz des Küchenjungen
(The Dinner: Table-music and Dance of the Kitchen-boys)

ACKNOWLEDGMENTS

The 2018/2019 Classical Series is presented by World Wide Technology and The Steward Family Foundation. These concerts are presented by AON.

The concert of Friday, April 5, is underwritten in part by a generous gift from Mr. and Mrs. Walter G. Shifrin.

The concert of Saturday, April 6, is the Joanne and Joel Iskiwitch Concert.

The concert of Saturday, April 6, is underwritten in part by a generous gift from Fred* and Sara Epstein.

The concert of Sunday, April 7, is underwritten in part by a generous gift from Gilbert and Yelena Standen.

Pre-concert conversations are sponsored by Washington University Physicians.
THOMAS ADÈS
Born March 1, 1971, London, England

Three Studies from Couperin

This concert begins where it will end: in the golden age of French baroque music. After a fashion.

The music is both 13 and 300 years old: three movements taken from François Couperin’s Pièces de Clavecin and revealed for the modern ear; harpsichord music transformed for the visual and aural theatre of a double chamber orchestra.

Adès makes no changes to the structure or the notes of Couperin’s originals; he works his magic entirely with color and texture. Might you call that a transcription – in the tradition of Stokowski’s orchestral transcription of Bach’s organ Toccata and Fugue in Fantasia?

Tellingly, Adès chooses a different word: “study.” Not in the sense of a musical etude – a technical exercise – but rather in the sense of an artist’s study. He explores the subject matter by changing the medium, revealing latent possibilities not apparent in the sound world of the original.

Adès’ choice of Couperin comes as no surprise. The middle section of Asyla – his first symphonic work, from 1997 – is based on Couperin. And just as the cellist Pablo Casals began each day playing Bach, Adès turns daily to Couperin, the only composer whose music sits permanently on his piano, offering, he says, “new inspiration on every page.”

He’s in excellent company. Brahms was an early advocate of Couperin; Richard Strauss arranged Couperin for chamber orchestra in his Divertimento (1940–41); Ravel found inspiration for his Tombeau de Couperin; and Debussy said this of the harpsichord pieces: “they are marvelous models of grace and innocence long past. Nothing could ever make us forget the subtly voluptuous perfume, so delicately perverse, that so innocently hovers over the Barricades mystérieuses.”

As it happens, Adès made a chamber arrangement of Barricades mystérieuses in 1994, highlighting the way its interweaving lines generate melody from harmony and vice versa. Like Debussy, Adès knows we can learn great things from the past.

The first study, Les Amusemens (“Amusements”), is organized as a pair of rondos, one in G major, the other in G minor, each with a recurring refrain interspersed with couplets. Where Couperin’s original piece sparkles like a witty conversation, Adès adopts voluptuous, muted tones: alto and bass flutes, for example, above muted strings.
He saves the sparkle for the central study, *Les Tours de Passe-passe* (“Sleight of hand”). The harpsichord original is a literal exercise in legerdemain: the hands twisting around each other, sharing the melody high on the keyboard. Adès asks instruments with traditionally low tessituras such as the bassoon and the violas to play high in their range, and colors the sound with plucked strings and flute-like harmonics in the violins. The frenetic sharing of melody notes between parts threatens disaster – hocus pocus!

In the final, eloquent study, *L’Âme-en-Peine* (“The Soul in Torment”), sighing strings dominate the anguished sound, woodwinds provide a weighty halo. And, like an impossibly slow heartbeat, the percussionist strikes a kettle drum dead center with two sticks for an effect that suggests the “muffled drums” of a baroque funeral march.

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**First Performance** April 21, 2006, Basel, Switzerland, Thomas Adès conducting the Basel Chamber Orchestra

**First SLSO Performance** April 5, 2019, Gemma New conducting

**Scoring** 2 flutes (1st doubling alto flute, 2nd doubling bass flute), clarinet, bassoon, 2 horns, trumpet, timpani, percussion (bass drum, marimba, 2 metal bars, 5 rototoms), and double string orchestra

**Performance Time** approximately 14 minutes

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**WOLFGANG AMADEUS MOZART**

**Born** January 27, 1756, Salzburg, Austria

**Died** December 5, 1791, Vienna, Austria

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**Concerto in C major for Flute & Harp, K. 299**

While Adès and Strauss give a musical nod to Paris, Mozart makes it his rendezvous. In 1778 he travelled there in search of fame and fortune. His friend Wendling, the flute virtuoso, had assured him “it is still the only place where one can make money and a great reputation,” especially, he added, for Mozart who could turn his hand to anything!

This particular gift allowed Mozart to respond to the latest musical fashions, and in 1770s Paris the fad *du jour* was the *symphonie concertante* – a concerto with two or more soloists. Mozart wrote six, including the remarkable Sinfonia Concertante for Violin and Viola, K. 364, and this concerto for flute and harp.

Knowing the importance of influential sponsors, Wendling had introduced Mozart to the Duc de Guînes, an accomplished amateur flutist with a harp-playing daughter, Marie-Adrienne. The introduction bore fruit: Mozart was engaged to
teach Marie-Adrienne composition and commissioned to write the father-and-daughter concerto. But it turned out to be a story worthy of Molière.

The Duc was a career diplomat and his musical activities served him well, leading to a friendship with Frederick the Great, another accomplished amateur flutist, and bringing him into the intimate circle of Marie-Antoinette. There’s a report of him entertaining the queen in her gardens with a “charming trio”: the professional oboist and horn player dressed as fauns and he as a shepherd.

Mozart himself acknowledged that de Guînes played the flute “incomparably,” the daughter the harp “magnifique.” (As a composition student she was a disappointment.) Despite this praise, however, Mozart wrote their concerto in the “easy” key of C major and ensured that neither of the parts was too taxing. An accommodation in a different direction saw Mozart include extra notes at the bottom of the flute’s range, to show off a six-keyed instrument the Duc had found in England.

Perhaps if Mozart had known that de Guînes had been recalled from London after a lawsuit accusing him of bribery and speculation, he might have been less surprised when de Guînes refused to pay him for either the concerto or the lessons. Fame and fortune proved elusive, and he left Paris disappointed.

But the music does not disappoint. Whatever the circumstances of its creation, we can enjoy a concerto that, in the true tradition of the sinfonia concertante is relaxed, gracious and overflowing with melodic variety and perfectly accommodating to popular taste. Mozart knew, for example, that Paris audiences simply loved symphonic works that began with a grand unison, all the instruments playing the same notes together!

Mozart’s writing for the solo parts is deft and congenial – although he composes for the harp like the pianist that he was – and his treatment of the orchestra is full of imagination. The violas (Mozart’s preferred chamber music instrument) have plenty to do and in the idyllic Andantino movement the viola section is divided into two independent parts for an accompaniment of special richness. The recurring theme of the rondo-finale is a sprightly gavotte – each phrase beginning halfway through the measure as is proper in this elegant French dance.

Yvonne Frindle © 2019

First Performance presumably a private performance given by the Duc de Guînes
First SLSO Performance March 12, 1943, Vladimir Golschmann conducting with Graziella Pampari and Laurent Torno as soloists
Most Recent SLSO Performance October 26, 2003, Nicholas McGegan conducting with Nancy Allen and Mark Sparks as soloists
Scoring solo flute, solo harp, 2 oboes, 2 horns, and strings
Performance Time approximately 30 minutes
Suite from *Le Bourgeois gentilhomme*  
(*Der Bürger als Edelmann*), op. 60

The life of Strauss’ “would-be gentleman” began in 1670 with Molière’s all-singing, all-dancing comédie-ballet *Le Bourgeois gentilhomme*, a satire on the aspirations of the wealthy middle class in the time of Louis XIV. To Strauss’ contemporaries, Molière’s play (with music by Jean-Baptiste Lully) was a museum-piece. But in 1911 Hugo von Hofmannsthal — Strauss’ librettist — proposed a “little Molière piece” based on the play. By the following year, the “little” idea had grown into an ambitious integration of theatre and opera.

The four-hour production began with an adaptation of Molière’s play, renamed *Der Bürger als Edelmann* (“The Middleclass Nobleman”), followed by a miniature opera, *Ariadne auf Naxos*, which threatened to overwhelm the drama just as Lully’s grand *Ballet des Nations* had done in the same spot nearly 250 years before. The logistical demands – combined with theatre- and opera-goers’ indifference to each other’s art forms – ensured there wouldn’t be a repeat performance.

The dramatic experiment was split up: *Ariadne auf Naxos* took its place in the opera repertory; a revised *Bürger als Edelmann* flopped in 1918 and was revived just once in Strauss’ lifetime (at his request for his 85th birthday). Only through this orchestral suite has his deft musical portrait of pride and folly survived.

Strauss knew of Lully’s music and there are glimpses of the French composer in Strauss’ score. The small orchestra – 36 musicians, as in the theatre – suggests the transparency of the baroque sound-world, but this is 17th-century France filtered through a 20th-century imagination.
M. JOURDAIN. There is nothing to compare, in my opinion, with genteel society. There’s no true honor and dignity except among the nobility. I would give my right hand to have been born a count or a marquis.

The Overture to Act I establishes the mood with strings, doubled by the piano in the manner of a baroque basso continuo. A coarse brass theme interrupts the repartee; a sweetly lilting arietta is presented by the oboe. In just a few minutes Strauss introduces the blustering would-be gentleman, the wealthy merchant Monsieur Jourdain, and his bemused hired tutors. Music, dancing, and fencing masters provide a crash course in gentlemanly accomplishments; the philosopher reveals, to his pupil’s amazement, that M. Jourdain has been speaking in prose for 40 years!

MUSIC MASTER. What is war but discord among nations? If all men studied music wouldn’t it be a means of bringing them to harmony and universal peace?

DANCING MASTER. And what do we say when a man has committed some mistake in his private life or in public affairs? Don’t we say that he made a false step? And doesn’t that come from not knowing how to dance?

Jourdain’s favorite dance is the elegant Minuet, although his execution of it is anything but, despite the efforts of The Dancing Master. In music rescued from Strauss’ abandoned ballet Kythre, the heavy accents on weak beats suggest Jourdain’s clumsiness.

The piano emerges from the background for The Fencing Master – almost a miniature piano concerto, “con bravura!” Thrusting scales and arpeggios are parried by brass fanfares in a “logical demonstration” of the swordsman’s art.

TAILOR. The coat I have here is as fine as any at the court, most beautifully designed. It’s a work of art to have made a suit which looks dignified without using black. I have brought my men with me to dress you to music. Suits like these must be put on with ceremony.

M. Jourdain is next attended by the tailor and his “hopping” apprentices (The Entrance and Dance of the Tailors). The rhythm required for dressing “persons of consequence” is supplied by a sprightly gavotte (also rescued from Kythre), after which the tailor dances a stately polonaise. This spectacular violin solo has been described as Strauss’ “Superman” dressed in wig and stockings; Jourdain makes a gauche imitation to disturbing brass chords.

The Minuet of Lully was added for the 1918 revision. In Lully’s Bourgeois gentilhomme the melody had been unaccompanied, the Dancing Master frantically singing instructions: “la la la la la, keep time if you please.” Strauss gives it to the oboe, dressed in modern harmonic colors. The Courante was also
added in 1918 for a scene in which guests of dubious character descend on M. Jourdain (they are strangers to him and to Molière). Their elaborate dance whirls with waltz-like grace.

The Entrance of Cléonte evokes the sound-world of Molière and Lully. Intending to win the hand of Jourdain’s daughter, Cléonte enters disguised as a Turkish nobleman bearing promises of instant elevation to the aristocracy. This grandly exotic scene begins with a subdued procession based on one of Lully’s sarabandes. The central section is elegantly raucous, with added piccolo and triangle; the solemn opening theme then returns, colored by exotic percussion instruments.

The Prelude to Act II introduces Dorante and Dorimène, who are the genuine, but not entirely noble, aristocrats in Molière’s play. In music featuring the clarinet and solo violin, dotted rhythms (mixing long and quick notes) revive a baroque convention for representing a majestic mood.

M. JOURDAIN. Madam, I am greatly honored to be favored with your condescension in deigning to accord me the favor – of your presence and if I should also have the merit to merit a merit such as yours and had heaven accorded me the advantage of being worthy –

DORANTE. That’s enough, M. Jourdain. [Aside to DORIMÈNE] He’s a worthy merchant, but, as you see, rather foolish in his ways.

For the feast that M. Jourdain unwittingly hosts to the benefit of Dorante and Dorimène, Hofmannsthal completely revised Molière’s menu to accommodate up-to-date musical jokes. The Dinner begins when six cooks enter carrying an elaborate meal to a coronation march by Meyerbeer. The Rhine salmon is served to the wave motif from Wagner’s Rheingold; the saddle of mutton to the bleating sheep from Strauss’ own Don Quixote. A dish of songbirds is accompanied by birdsong from Der Rosenkavalier and a sly allusion to Verdi’s “La donna è mobile.” Finally, the omelet surprises everyone when a kitchen boy jumps from the enormous platter for what Hofmannsthal intended to be a wild erotic dance (à la Salome?). Strauss, however, dishes up a buoyant Viennese waltz – intoxicating, but completely wholesome.

Yvonne Frindle © 2019
Sought after for her insightful interpretations and dynamic presence, New Zealand-born conductor Gemma New is currently Music Director of the Hamilton Philharmonic Orchestra in Ontario, Canada, and Resident Conductor of the St. Louis Symphony Orchestra.

In the 2018/2019 Season, New enjoys guest engagements with Los Angeles Chamber Orchestra, CMI Chamber Orchestra of San Antonio, and Santa Fe Pro Musica, as well as the Philharmonic Orchestras of Calgary, Louisiana, and Rochester, the Symphony Orchestras of Charlotte, Detroit, Drummondville, Jacksonville, San Diego, Toronto, Tucson, and Winnipeg, the Florida Orchestra, and the Brandenburgisches Staatsorchester in Germany.

New was a Conducting Fellow at Tanglewood Music Center in the summer of 2018. Previously, she has been Dudamel Conducting Fellow at the Los Angeles Philharmonic, a Conducting Fellow at the Aspen Music Festival, an Ansbacher Fellow at the Salzburger Festspiele, and a Felix Mendelssohn-Bartholdy Fellow with the Leipziger Symphonieorchester.
MARK SPARKS

Mark Sparks was appointed Principal Flute of the St. Louis Symphony Orchestra by the late Hans Vonk in 2000. He is a frequent soloist with the SLSO and other orchestras and has performed in the United States, Europe, Scandinavia, South America, and Asia. He has appeared as Guest Principal Flutist with many ensembles, including the New York Philharmonic, Chicago Symphony, Pittsburgh Symphony, Detroit Symphony, and the Bergen (Norway) Philharmonic.

Prior to his appointment in St. Louis, Sparks was Associate Principal Flute with the Baltimore Symphony under David Zinman, and Principal Flute of the San Antonio Symphony and the Memphis Symphony. He began his career as Principal in the Canton (Ohio) Symphony and in Venezuela with the Caracas Philharmonic.

Born in 1960 and raised in Cleveland and St. Louis, Sparks graduated Pi Kappa Lambda from the Oberlin Conservatory as a student of Robert Willoughby, winning the 1982 Oberlin Concerto Prize.
ALLEGRA LILLY

Allegra Lilly joined the St. Louis Symphony Orchestra as Principal Harp in 2013. She has appeared as Guest Principal Harp with the Chicago, Houston, Toronto, and Charlotte symphonies, Boston Pops, and St. Paul Chamber Orchestra, and has also performed with the New York Philharmonic, Pittsburgh Symphony, and All-Star Orchestra. A frequent substitute with the Boston Symphony Orchestra, she acted as Guest Principal Harp for the BSO's 2015 Tanglewood season and European tour, and she has earned the unique distinction of appearing as Principal Harp on back-to-back albums that won the Grammy Award for Best Orchestral Performance: the SLSO's City Noir in 2015 and the BSO's Shostakovich: Under Stalin's Shadow in 2016.

Since making her solo debut at the age of 12 with the Detroit Symphony, Lilly has appeared as soloist with the SLSO, Juilliard Orchestra, National Repertory Orchestra, and numerous ensembles in New York and in her home state of Michigan. She has also taken prizes at the Concours International de Harpe in Nice, the American Harp Society's Anne Adams Awards, and the American String Teachers Association National Solo Competition. Lilly's summer festival appearances have included Brevard Music Center, Spoleto Festival USA, Festival dei Due Mundi (Spoleto, Italy), National Repertory Orchestra, Artsosphere Festival, and Castleton Festival. She is also an active chamber musician and has been a featured guest artist with the Missouri Chamber Music Festival, Chamber Music Festival of Lexington, Innsbrook Institute Music Festival, Missouri River Festival of the Arts, Argento New Music Project, and Carnegie Hall's EnsembleConnect.

In addition to holding the harp faculty position at Brevard Music Center since 2017, Lilly has given masterclasses at Northwestern University, Tanglewood Music Center, Boston University, and the University of Ottawa. She has also coached orchestral and chamber music for New World Symphony and the preparatory divisions of The Juilliard School and New England Conservatory. Born in Detroit, Lilly began her own study of the harp with Ruth Myers at age seven. She was also a competitive pianist as a child, winning numerous state and local awards before electing to focus exclusively on the harp in college. She went on to join the studio of New York Philharmonic Principal Harpist Nancy Allen at The Juilliard School, where she earned Bachelor and Master of Music degrees.
Symphony Volunteer Association members are instrumental in ensuring the success of Picture the Music and Express the Music, two of the SLSO’s most popular educational programs for students. Sponsored by the Employees Community Fund of Boeing St. Louis, these programs provide students the opportunity to listen to a piece of classical music and respond with paintings and drawings or essays and poems that express creative thought and emotion evoked by the music.

Picture the Music is available to students in grades K-6 and Express the Music is available to students in grades 6-12. Both programs are judged by professionals in the fields of art, editing, and music. The programs are free, and winners are honored at special awards ceremonies at Powell Hall.

This year, more than 12,400 K-6 students participated in Picture the Music, with 436 pieces of art submitted by 70 schools. Professional judges chose 100 winners: two Maestro awards, seven SLSO awards, 25 blue ribbon awards, and 66 special recognition awards. Winning artwork is on display at locations across the region through April 15, and Maestro artwork is then displayed at Powell Hall for one year. Thirty-seven SVA members contributed to the success of the program.

More than 2,200 middle and high school students wrote stories and poems for the Express the Music program. Teachers from 46 schools selected 660 entries. Preliminary judges chose 75 finalists. Two panels of final judges identified the 12 cash prize winners, representing 10 schools. Dozens of SVA volunteers worked to make this program a success.

To learn more about these programs, visit slso.org/picture or slso.org/express.

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